

ACTIVITIES CODE OF CONDUCT

Those who participate in activities are very special in terms of the extra dedication this involvement necessitates. This effort is recognized through numerous awards and honors seldom granted to those not involved. However, the privilege of participation in activities requires an obligation on the part of the participant to maintain high standards of behavior and demeanor. This obligation should not be viewed as a burden but rather as an opportunity to provide leadership in the establishment of conduct and goals which serve to continue the exemplary status of the high school activities program.

Generally stated, this code of conduct implies the individual shall at all times in the SCHOOL, COMMUNITY AND ACTIVITY reflect good character, sportsmanship, and self-discipline. This means that the participant shall refrain from violence, rudeness and profanity; shall demonstrate respect for others at all times; and will not participate in disruptive behavior.

This code of conduct is to be followed at all times in the SCHOOL, COMMUNITY, AND (ESPECIALLY) IN ACTIVITIES to reflect good character, sportsmanship, and self-discipline. No gross exhibition of poor sportsmanship by participants in school-sponsored activities will be tolerated. Examples of such acts may include but are not limited to:

- 1) offensive gestures
- 2) offensive language
- 3) taunting of opponents, officials or spectators.

If a public display of such unacceptable behavior should occur, the coach or supervisor of the activity will take immediate action, and the supervisor, the student, and the athletic director will meet later to discuss the issue and to decide on appropriate consequences, which may include suspension from the following game(s) or contests(s). Further incidents will be considered more serious, and may result in further suspension and/or forfeiture of honors and awards connected with the activity (medals, letters, etc).

The student will always attend classes promptly and regularly and will maintain a grade average commensurate with ability. This also implies that the students will complete all assignments made in anticipation of absenteeism due to activities participation. Finally, the student will demonstrate a positive attitude toward competition by working to peak potential at all times, adhering to regulations pertinent to the specific activity and by refraining from any type of conduct which would bring discredit to the school.

THE ACTIVITIES HANDBOOK

Eligibility

Participants, athletes, cheerleaders, and student managers must maintain at least a C-average (1.6 on the 4.0 scale), with no "F" grades received in any subject. Eligibility is determined at 4½ week intervals.

In order to participate in activities under the guidelines of the SDHSAA, a student in the Lyman School, grades 6-12, must maintain a cumulative grade average of at least 1.6 on the 4.0 scale.

By the discretion of the Secondary Principal or Middle School Principal, students may also lose the privilege of attending and participating in non-SDHSAA activities as a result of poor academic performance.

Eligibility will be determined at 4½ week intervals, mid-term and grade period dates. At the end of a nine-week grading period, only the current nine weeks grade will be used to determine eligibility. A student's eligibility status will be in effect for at least the duration of 2 weeks. If a student does not gain back their eligibility at the end of two (2) weeks, then they will be ineligible until the next 4½ week interval. The student's academic achievement will be the determining factor in eligibility.

As stated in the code of conduct, students must attend classes promptly and regularly. Students will not be allowed to participate in school activities/competitions if they acquire the maximum allowable number of absences (12) in a semester set by school policy.

Middle School Participation in High School Sports

The SDHSAA allows local districts to determine whether middle school students should be allowed to participate in high school practices and competitions. The Lyman District believes in general that most students are best served by competing against students of similar age, grade, and physical stature. The district also recognizes that there are other factors that should be considered in determining whether middle school students are allowed to participate at the junior varsity or varsity level of high school competition. These factors include:

- If the number of participating high school athletes in a high school sport are sufficient to allow the school to field a team.
- If the high school coach determines that the middle school athlete has the physical size, ability, commitment and maturity to practice and compete with high school athletes.
- If the high school coach determines that the middle school student's addition to the high school team enhances the team's chances of winning during regular and post-season competitions.

The district realizes that there are differences in the various sports that should be considered in making the decision of whether to allow middle school students to participate in high school competitions. Due to those differences, the district can not provide universal guidance on the levels of competition (MS, JV, and Varsity) that a student should be allowed to compete.

The district therefore relies on the judgment of the high school coaches to make this determination. Coaches should of course always consider the safety and well-being of middle school students being given the opportunity to compete at the high school level. Other factors that coaches may need to consider include: the total number of students out for a particular sport at all levels; scheduling and transportation issues, whether the addition of the middle school student advances at team's ability to compete in regular and post-season competitions; and the overall impact on team unity.

The administration and Board of Education understand that these decisions are difficult and are committed to supporting the coaches as they consider the issues relevant to their particular sports.

Number of Contests

The number of contests will be as per SDHSAA guidelines, board policy or administrative policy.

Transportation

School owned vehicles will be used for travel. Only with the permission of school administration will private vehicles be used for transportation. Students participating must go and return with the school sponsored activity group. Participants may be released to their parents after the activity provided the parents sign their child out with the activity coach/sponsor. It is recommended that the participants who are released to their parents ride home with their parents.

Coaches for the activity will ride to and from the activity providing supervision for their students. Any exception must be approved by school administration prior to the activity date.

Male and female students shall not sit together in the same seat during bus trips. When using a suburban/van/ car for activity trips, the advisor shall separate male and female students to the best extent possible.

Scouting

Scouting is permitted for varsity competition. Opponents may be scouted with permission from the administration. Expenses include mileage if no school-owned vehicle is available. Requests for transportation should be made one week in advance.

Meals and Lodging

Students are responsible for all meals and lodging during the season. Only in an emergency situation will the school district pay for lodging and meals during the season. Meals and lodging for District/Region competition will be at the discretion of the administration. Meals and lodging at State events will be paid for by the school district as per State guidelines. All arrangements for lodging and meals will be made by the advisor and the administration.

CHEERLEADERS**Transportation**

Cheerleaders and their chaperone(s) or advisor are to ride the bus when a bus is taken to the contest. In a situation where transportation is unavailable, the administration will make the necessary arrangements for travel.

Meals and Lodging

Same as above policy.

Chaperone

A school designated and approved chaperone will accompany the cheerleaders on most trips. The cheerleaders' advisor has the responsibility to inform the administration of the designated chaperone. If no advisor or chaperone is available, the head coach is in charge of the cheerleaders.

ACTIVITY	MEMBERSHIP	NUMBER OF CONTESTS	CHEERLEADERS
Jr. Varsity Football	open to any student who is not considered to be a regular on the varsity team	number of contests approved by the administration	varsity may cheer
B Squad Basketball	open to any student who is not considered to be a regular on the varsity team	number of contests approved by the administration	varsity may cheer
Jr. Varsity Basketball	open to any student who is not considered to be a regular on the varsity team	number of contests approved by the administration	varsity may cheer
B Squad Volleyball	open to any student who is not considered to be a regular on the varsity team	number of contests approved by the administration	as per administration guidelines
Jr. Varsity Volleyball	open to any student who is not considered to be a regular on the varsity team	number of contests approved by the administration	as per administration guidelines
Middle School Boys Basketball	middle school students	number of contests approved by the administration	as per administration guidelines
Middle School Girls Basketball	middle school students	number of contests approved by the administration	as per administration guidelines
Middle School Wrestling	middle school students	number of contests approved by the administration	as per administration guidelines
Middle School Volleyball	middle school students	number of contests approved by the administration	as per administration guidelines
Middle School Track	middle school students	number of contests approved by the administration	as per administration guidelines

NUMBER OF VARSITY CONTESTS PERMITTED BY ACTIVITY

All Varsity Activities The number of contests at the varsity level is as per guidelines from the South Dakota High School Activities Association.

STATE LEVEL COMPETITION

Athletics Boys and girls basketball, boys and girls track, wrestling, football, volleyball, boys and girls cross country, boys and girls golf, competitive cheerleading and any other sports sponsored by the SDHSAA where an individual may want to compete unattached.

Other Activities Honor Chorus, All-State Chorus, All-State Band and Oral Interpretation

ALL ARRANGEMENTS FOR TRANSPORTATION, MEALS AND LODGING ARE TO BE MADE BY THE ADVISOR WITH APPROVAL FROM THE ADMINISTRATION.

ACTIVITY	MEMBERSHIP	MEALS AND LODGING	EXPENSES PAID FOR
Basketball	Number determined by SDHSAA	Meals and lodging as per local guidelines	varsity players, coach(es) student manager(s), and a female chaperone when required by state guidelines
Wrestling	Qualifiers according to state guidelines	Meals and lodging as per local guidelines	Only state qualifiers, coach(es), and student manager(s)
Football	Number determined by SDHSAA	Meals and lodging as per local guidelines	Varsity players, coach(es), student manager(s) and statistician(s)
Track	All State Qualifiers	Meals and lodging as per local guidelines	All state qualifiers, coach(es) student manager(s), and one female chaperone when required by state guidelines
Volleyball	Number determined by SDHSAA	Meals and lodging as per local guidelines	Varsity players, coach(es), and student manager(s)
Competitive Cheer	All state qualifying team members	Meals and lodging as per local guidelines	All state qualifiers and advisor
Cross Country	Qualifiers according to state guidelines	Meals and lodging as per local guidelines	Only state qualifiers and coach(es)
Golf	Qualifiers according to region and state guidelines	Meals and lodging as per local guidelines	Only state qualifiers and coach(es)
Cheerleaders for state comp. in Varsity FB/BB	All elected varsity cheerleaders	Meals and lodging as per local guidelines	One approved chaperone plus elected varsity cheerleaders
Cheerleaders for state comp. in Wrestling	All elected varsity cheerleaders	Meals and lodging as per local guidelines	Elected varsity cheerleaders and advisor
All State Band	All state qualifiers	Meals and lodging as per local guidelines	All state qualifiers and director
Honor Chorus	All state qualifiers	Meals and lodging as per local guidelines	All state qualifiers and director
Instrumental Music	All state qualifiers	Meals and lodging as per local guidelines	All state qualifiers and director

OTHER PROVISIONS

1. Students participating in an activity/competition are to be in attendance in their regularly scheduled classes at school on that day. Students that are absent a portion or the entire day due to illness will not be allowed to participate. Students that miss 1 – 3 periods during the course of the day for a scheduled medical appointment not involving illness (ie. dental or orthodontic, physical exam for participation, etc.) will be allowed to participate. Students missing 4 or more periods during the day of an event or competition will not be allowed to participate. Parents are encouraged to schedule appointments on days not involving events/competitions if they will require the student to be absent more than three periods.
2. Money raising projects for all school activities must be cleared in advance by the administration.
3. Individuals responsible for school activities must stay with budgetary requests. They are also responsible for inventories before checking out in the spring of the year. Care and accountability of equipment are the responsibility of the person in charge of the activity.
4. Any team member from a sport which qualifies for a State tournament event, but the individual does not qualify, may attend the tournament without being counted absent as long as the student has parental permission, has a make-up slip signed, and responsible for his/her own expenses.
5. Directors of specific activities must notify the principal affected concerning absences from school for school activities. Reasonable departure and return times must be set up in advance. Itinerary for all activities involving an overnight must be presented to the administration in advance of the trip.
6. All students who participate in co-curricular activities that require physicals must have a biennial (two-year) physical, signed by a licensed physician, on file in the central office before that student can participate.
7. School sponsored activity groups are not to be in attendance at any function where alcoholic beverages are being used/sold.
8. When school is discontinued for inclement weather there will be no school sponsored extracurricular activities held at any level. Any exception to this general policy is at the discretion of the superintendent of the school district.
9. No school sponsored activities shall be scheduled after 6:15 pm on Wednesday. The only exception will be at the discretion of the superintendent.
10. Sunday practices may be held providing no practice is held before 4:00 pm and students who have a family commitment will not be penalized if they cannot attend practice.
11. Meals for State events will be paid at \$6.00 per meal during competition.
12. Sanctioned high school rodeo events are a school recognized activity for student participation. Students involved are responsible to follow the provisions of the Activities Handbook.

13. The coach/sponsor of an extracurricular activity and/or school administrator have the right to not allow a student to participate in an extracurricular activity practice and/or contest for reasons of:
 - a. inappropriate dress
 - b. visible hickies on the face/neck area
 - c. inappropriate unnatural hair coloring such as green, blue, purple, bright red, etc.
 - d. Inappropriate hair cut or style
 - e. visible temporary body paint/decorations/tattoos
 - f. objectionable permanent tattoos of vulgar or obscene nature—these tattoos, at the very least, need to be covered while participating/representing the school

ACTIVITIES TRAINING RULES AND REGULATIONS

ARTICLE I

1. The following extra curricular activities training rules and regulations have been adopted by Lyman School District and apply to all students involved in extra curricular activities. These rules and regulations are in effect from the first day of practice in the fall through the final day of the State track meet each year.

NO USE OR POSSESSION OF TOBACCO PRODUCTS.

NO CONSUMPTION OR POSSESSION OF ALCOHOLIC BEVERAGES.

NO USE, POSSESSION, BUYING OR SELLING OF ILLEGAL DRUGS OR CONTROLLED SUBSTANCES.

2. A coach/sponsor may have other rules not covered in Part 1 of Article I. If a student breaks one of these rules established by the coach/sponsor, then the coach/sponsor will discipline his/her student.

ARTICLE II

Verification of Violations

The implementation of penalties shall be based upon legal citation or arrest, an admission of violation by a participant, or direct observation by a school staff member or community member. Alleged violations will be investigated and the assignment of penalties will be based upon confirmation or the allegations made. Individuals bringing allegations must be willing to identify themselves and may be called upon to meet with the person/persons against whom the allegations are made and/or their parents or guardian.

ARTICLE III

Consequences of Training Rule Violation During the School Year

1. First offense – The student shall lose eligibility for two contests.
 - a. All un-served penalties will carry over from one activity season to the next and/or one school year to the next.

Example: If the violation occurs at the end of the track season, the penalty will be assessed the following school year.
 - b. A student who violates the training rules will not be allowed to participate in an extracurricular activity once that activity is in progress in order to meet his/her penalty obligations.

2. Second offense – The student will be barred from further participation in any school sponsored extra curricular activities during the school year.
3. It is recommended that the student receive professional counseling on any offense beyond the first offense.
4. The student may practice and attend home and away contests at the discretion of the coach/advisor while completing the consequences of training rule violations.

ARTICLE IV

In accordance to SDCL, any student who is adjudicated, convicted, or the subject of suspended imposition of sentence for possession, use or distribution of controlled substance or marijuana shall be ineligible to participate in SDHSAA extracurricular activities for one year. If, however, the student participates in an assessment with a certified chemical dependency counselor or completes an accredited intensive prevention or treatment program, the suspension will be reduced to sixty school days. If the assessment indicates a need for a higher level of care, the person will be required to complete the prescribed care before becoming eligible to participate in extracurricular activities. Upon a second offense, the ban becomes permanent.

ARTICLE V

Notification of Rules to Parents and Students

The extra curricular consent form must be signed by both the parent and student before the student may participate in any contest

ARTICLE VI

Students involved in school sponsored extra curricular activities such as student council, National Honor Society, FFA, oral interpretation, debate, spring play and band/music contests are subject to the rules, regulations and provisions of the Activities Handbook.

ARTICLE VII

Return of Equipment Used

Any district activity equipment checked out to a student is the student's responsibility to take care of and to turn in at the proper time. Any missing gear must be paid for by the student. The student will not receive any activity award nor be eligible for further competition until he/she has cleared this item.

ARTICLE VIII

Activity Obligations

A student is required to meet all activity obligations (practices, games, etc.) set by the coach/sponsor of the activity. Failure to meet these obligations may result in suspension from the activity from one (1) day to the rest of the season of the activity.

A student who plans to go out for an activity after three weeks of the official starting date of the activity must get the coach/sponsor's and activity director's approval before participating.

ARTICLE IX

Bus

1. It is the responsibility of the students to act in a respectful, appropriate manner and follow the stated bus rules.
2. Students of the opposite gender are to refrain from any physical forms of affection.
3. It is the responsibility of the students to help keep the bus clean.
4. Students are to follow the directions of the activity sponsors and bus driver.
5. Students must ride to and from an activity with the assigned bus/suburban/car. The only exceptions to the policy are:
 - a. a parent/guardian personally signs their son/daughter out after completion of the activity
 - b. a parent/guardian gains pre-approval for alternate transportation from school district administration.

ARTICLE X

Title IX

The Lyman School District will comply with all rules, regulations and provisions of Title IX in providing equal opportunities to all students.

ARTICLE XI

SDHSAA Eligibility – You Are Eligible If:

1. You are under the age of 20.
2. You have not attended more than four first semesters and four second semesters of school in grades 9 through 12. Enrollment in school for fifteen school days or participation in an inter-school contest shall constitute a semester. Once a student enrolls as a ninth grader, all semesters must be consecutive unless waived due to illness, injury or other circumstances of a similar serious nature which must be verified in writing by a licensed health professional or other professional personnel if requested by the SDHSAA.
3. You have met the eligibility rule.
4. Unless you are entering high school for the first time, you shall have successfully passed twenty hours of high school work per week, for which academic units of credits earned are used in the issuance of a diploma, for the preceding or for the most recent semester of attendance in any accredited high school.
5. You have enrolled by the 16th school day of the current semester. Date of regular entry into classes is considered the date of enrollment.
6. You have on file in the principal's office a signed physical examination and parent's permit form.
7. You have not transferred from one high school to another without a corresponding change in the residence of your parents. (Exception made for students who transfer pursuant to the open-enrollment By-Law.)
8. You have a copy of your transcript on file in the principal's office prior to competition.
9. You have not been absent from school more than 10 consecutive school days. (Illness of the student or death in the immediate family excepted.)
10. During a high school sport season, you do not compete on an unattached basis as an individual or a member of a non-school team.
11. You have not participated in an athletic contest under an assumed name.
12. You have not participated in athletics in any institution of learning of higher rank than a standard secondary school.
13. You have not violated your amateur standing.
14. You have not graduated from a regular four-year high school or institution of equivalent rank.

ARTICLE XI

Credit Recovery

Students who have been declared ineligible because of academic deficiencies from the previous semester may earn academic eligibility by taking an academic course(s) via the options approved by the South Dakota Department of Education. Examples include, but not limited to, are: on-line courses, in-district credit recovery courses, alternative education settings, etc. The High School Principal or Superintendent must monitor the successful completion of the course(s) and reinstate eligibility only after the successful completion of 2 units of credit as per Chapter I, Part IV, Section I, Subsection D., page 8 of the Bylaws.

CONCUSSION POLICY

Any participant who exhibits signs, symptoms or behavior consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion or balance problems) shall be immediately removed from the contest or practice and shall not return to play until cleared by an appropriate healthcare professional.

Signs observed by coaching staff

- Appears dazed or stunned
- Is confused about assignment
- Forgets plays
- Is unsure of game, score or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness
- Shows behavior or personality changes
- Cannot recall events prior to hit
- Cannot recall events after hit

Symptoms reported by athletes

- Headache or “pressure” in the head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Bothered by light or noise
- Sensitivity to light or noise
- Feeling sluggish, hazy, foggy, or groggy
- Difficult paying attention
- Concentration or memory problems
- Memory Problems
- Confusion

Concussion Action Plan

1. Remove the participant from play
2. Ensure that the participant is evaluated by a health care professional
3. Keep the participant out of play the day of the injury and until an appropriate health care professional and Parent/Guardian has signed the Return To Competition, Practice, or Training form stating the participant is symptom-free and is ok to return to play.

LYMAN HIGH SCHOOL ACTIVITIES DEPARTMENT

We, the undersigned, understand the rules and regulations. We also understand that students involved in extra curricular activities will be governed by these rules and regulations.

Dated this _____ day of _____, 20____.

Signature of Parent/Guardian _____

Signature of Student _____

We hereby consent to any medical services that may be required while said child is under the supervision of an employee of the Lyman School District while on a school sponsored activity and hereby appoint said employee to act on our behalf in securing necessary medical services from any duly licensed physician.

Dated this _____ day of _____, 20____.

Signature of Parent/Guardian _____

Signature of Student _____

(Please sign and return to your advisor/coach or to the principal's office.)